

C.G.S. Newsletter

Volume 32, Issue 3

<https://www.cgs.com.bd/newsletter.php?GID=5&MID=38>

October 2025

Dear Parents,

We are proud of the enthusiasm and creativity our children bring to school each day. Their energy and curiosity are admirable. At the same time, it has been noticed that many children today find it difficult to stay focused, follow instructions, complete tasks, or respect class rules consistently. These are essential skills that help them grow into disciplined, confident, and respectful learners.

At home, parents can support this by practicing positive discipline, which is not about punishment but about teaching responsibility, respect, and self-control. Some practical ways include:

- Set clear expectations: Use short, positive instructions such as 'Please finish your homework before play.'
- Keep routines: Regular schedules for study, play, and rest help children manage responsibilities with less resistance.
- Model respect: When adults speak politely and calmly, children naturally reflect the same behaviour toward teachers and peers.
- Encourage effort: Appreciate attempts, not just outcomes, to build perseverance and confidence.
- Apply fair consequences: If instructions are ignored, calmly reduce privileges (like screen time). Avoid harsh punishment, which creates fear instead of responsibility.
- Celebrate good behaviour: Praise children when they listen, complete a task, or show respect, so discipline feels meaningful.
- Understand the role of "no": When a teacher says "no", it is not rudeness but guidance. Saying "no" helps children learn limits, develop self-control, and understand that rules exist to create a safe, fair, and supportive environment for everyone.

When these practices are reinforced at home, children begin to value their teachers' words, follow class rules more easily, and respect the school environment. Together, we can help them see discipline as a pathway to growth and success.

Rasha Tariq

NEW CAMBRIDGE LEAD



Sarwat Reja recently joined as Country Head of Cambridge and shared her vision for the future with CGS school leaders, above. She discussed new endeavours to strengthening ties between Cambridge University press and CGS.



ANIMAL KINGDOM MUFTI

Lower School had a special Thursday, based on 'The Animal Kingdom.' Students pictured above, came dressed in various animal costumes, making it a fun and exciting day, with a tribute to some of the wonderful creatures that share this planet with us.

GRATITUDE DAY AT LOWER



21st September is World Gratitude Day and has become a regular celebration at CGS.

This day serves as an opportunity for us to reflect on this value and research shows a focus on gratitude can positively impact mental and physical health, reduce stress and increase happiness.

ABINTA KABIR ART COMPETITION

The Little Artists Art Campaign 2025 was held recently at Middle School (below) in collaboration with the Abinta Gallery of Fine Arts. Some of the awardees pictured below with sponsors.



INTISHAR NAMED VICE CAPTAIN



CGS alumni Intishar Chowdhury, left, (Class of 2015) has been appointed Vice Captain of the Bangladesh National Futsal Team for the AFC Futsal Asian Cup 2026 in Malaysia.

We are so proud of him!

LOWER SCHOOL ADMISSION

A special 'Spot Admission' and Open Day will be held for newcomers on 25th October.

VEGETABLE PATCH

Vegetable Patch Day, pictured below was a part of our ongoing Environmental Sustainability Programme / Green School Programme



CALENDAR OF EVENTS

DATE

Durga Puja Holidays	30.9-4.10.25
SAT College Board Examinations	4.10.2025
World Food Day Mufti	16.10.2025
Spot Admission Day at Lower	25.10.2025
Favourite Story Character Mufti	30.10.2025
End of Autumn Term	30.10.2025

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Dear Reader,

As we step into the final month of the Autumn Term, October feels very much like the last stretch of a marathon. The journey so far has been filled with anticipation, effort and learning. Now, as we approach the finish line, what matters most is not only individual determination but also the motivation and support we extend to one another. In keeping with this year's theme, 'Together We Rise', October is a time to celebrate the strength of moving forward as one community.

Each step taken by students, each word of guidance from teachers and every ounce of encouragement from parents has contributed to our collective progress. These contributions - sometimes quiet, sometimes bold - create the momentum that carries us forward.

It is important to remember that grades alone are not the true measure of growth. The courage shown in overcoming challenges, the friendships forged along the way and the habits of discipline and curiosity developed this term are equally powerful markers of success. Growth is a journey and rising together makes it all the more meaningful. Of course, the path is not always easy. Balancing academics, activities and responsibilities often demanded resilience. Yet, it is precisely these moments of challenge that shape character and remind us of the value of perseverance.

As the term comes to a close, let us not see this as an ending but as a foundation for the next chapters. The lessons learned, the efforts made and the unity we have built will continue to lift us higher- together.

Hector Fernandez

NEW CAMBRIDGE LEAD



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ABINTA KABIR ART COMPETITION

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GRATITUDE DAY AT MIDDLE



21st September is World Gratitude Day and has become a regular celebration at CGS.

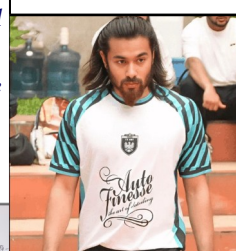
This day serves as an opportunity for us to reflect on this value and research shows a focus on gratitude can positively impact mental and physical health, reduce stress and increase happiness. Middle School students, above, made special cards and hand made gifts to our support staff to thank them for the daily work they do to keep the campus clean and safe.

BANGLADESH SCIENCE OLYMPIAD



Congratulations to Anirban Kanungoe of 6C for winning the Chattogram Regional Round of the Al-Arafah Islami Bank 11th Bangladesh Junior Science Olympiad 2025, held on 30th August.

INTISHAR NAMED VICE CAPTAIN

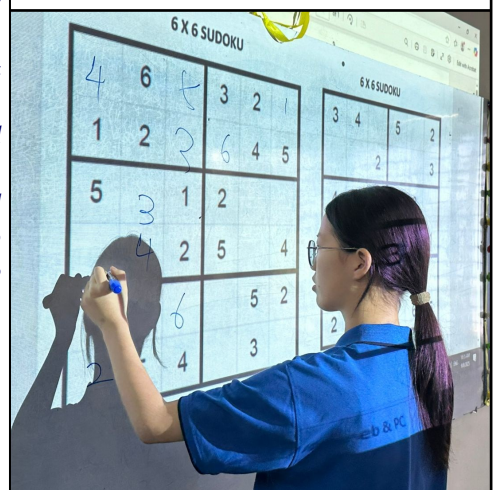


CGS alumni Intishar Chowdhury, left, (Class of 2015) has been appointed Vice Captain of the Bangladesh National Futsal Team for the AFC Futsal Asian Cup 2026 in Malaysia.

We are so proud of him!

WORLD SUDOKU DAY

On 9th September, World Sudoku Day, our dedicated Maths teachers organized a fun and challenging activity to celebrate the joy of logical thinking and problem-solving. Students enthusiastically took part in solving Sudoku puzzles, sharpening their focus, reasoning skills and patience while enjoying a friendly game.



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Dear Parents,

As we step into the vibrant month of October, we are delighted to share with you the exciting lineup of events that promise to engage, inspire, and empower our students. We begin with the CGS Cricket Tournament, a highlight of our sporting calendar where students display their skills, teamwork, and sportsmanship on the field. It is always a wonderful occasion to celebrate healthy competition and school spirit.

We are proud to launch the first-ever Convergence Expo 2025, Bangladesh's national multidisciplinary competition for students from Classes 7–12 and diploma programs. Focusing on Healthcare, Engineering, Technology, and Entrepreneurship, the competition spans three enriching rounds where no team is eliminated. Instead, participants will refine their projects with professional feedback and receive certificates from top international universities. The journey will conclude in a Grand Finale, honouring three teams with special recognition for innovation, collaboration, and vision.

Adding to this momentum, CGSMUN25, themed "Resolution for Revolution," will take place from 9th to 11th October 2025. Bringing together over 400 delegates and international Executive Board members, the conference will provide three days of dynamic debate and diplomacy. With the United Nations in Bangladesh as our Strategic and Knowledge Partner, CGSMUN25 promises to be a transformative experience, equipping students with authentic insights into global issues and strengthening their leadership skills.

October promises to be a month of energy, excellence, and exploration, and we look forward to your encouragement and support as our students embrace these opportunities.

Faiza Chowdhury

Head of O' Levels at Upper School

NEW CAMBRIDGE LEAD



Sarwat Reja recently joined as Country Head of Cambridge and shared her vision for the future with CGS school leaders, above. She discussed new endeavours to strengthening ties between Cambridge University press and CGS.



CGS BASKETBALL TOURNAMENT

The CGS Interschool Basketball Tournament 2025 tipped off with incredible energy and sportsmanship! Teams from different schools came together to showcase their skill, teamwork, and passion for the game. From intense buzzer-beaters to moments of pure camaraderie, the tournament has been nothing short of thrilling. A true celebration of youth, talent, and the spirit of competition!

Final results as follows:

Boys Champion: Presidency International School

Runner-up: William Carey Academy

Girls Champion: Frobel Academy

Runner-up: CGS, pictured above

Congratulations to all the winners!

GRATITUDE DAY AT UPPER

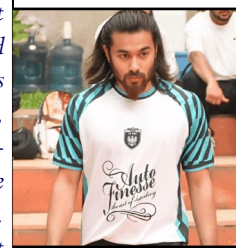


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This day serves as an opportunity for us to reflect on this value and research shows a focus on gratitude can positively impact mental and physical health, reduce stress and increase happiness.

Our students filled the halls with love, laughter, and heartfelt words as they showed their appreciation for the amazing teachers who guide, inspire, and cheer them on every day. Because behind every confident student is a teacher who believed in them first.

INTISHAR NAMED VICE CAPTAIN



CGS alumni Intishar Chowdhury, left, (Class of 2015) has been appointed Vice Captain of the Bangladesh National Futsal Team for the AFC Futsal Asian Cup 2026 in Malaysia.

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UPPER SCHOOL DIARY

September was a busy month at Upper, some of the activities were:

- ◇ Cider Interschool Debate Competition, CGS was runners up at the competition
- ◇ Fundraiser Bake Sale for RS 100 miles
- ◇ CGS Upper Art Competition
- ◇ University Seminars and Educational Fairs, to expose students to various tertiary options.
- ◇ Hong Kong University Seminar
- ◇ Macquarie University Seminar
- ◇ Malaysia University Fair (pictured below)



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CGS Model United Nations	9-11.10.2025
CGS Convergence Expo	17-19.10.25
CGS Cricket Tournament	23-25.10.25
End of Autumn Term	30.10.2025